

How to Deal with **Imposter Syndrome**

Are you one of the many small business owners who struggles to recognise your achievements?

Do you:

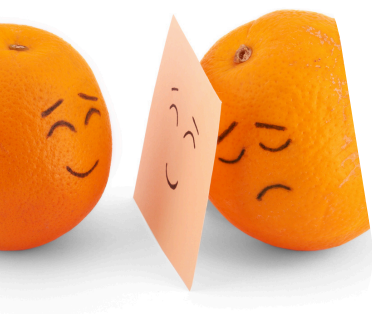
- Resist asking for help?
- Work hard to prove your worth?
- Have a strong fear of failure?



Join us in 2 free workshops to:

- Learn more about Imposter Syndrome
- Find out about strategies to manage it
- Connect with others to share experiences
- Identify how to unlock your potential

So you can focus on what you do best



Baltic Creative Campus

49 Jamaica Street
Liverpool L1 0AH



W: [Thrivability.co.uk](https://www.thrivability.co.uk)
E: info@thrivability.co.uk

**CATALYST
BUSINESS
SOLUTIONS**



Funded by
UK Government

POWERED BY
**LEVELLING
UP**



**LIVERPOOL
CITY REGION**
COMBINED AUTHORITY

METROMAYOR
LIVERPOOL CITY REGION